

Early childhood programs and services provided by Genesee Intermediate School District's Center for Countywide Programs.



This packet is compliments of Genesee Intermediate School District to support your learning at home!



GENESEE INTERMEDIATE SCHOOL DISTRICT LEADERSHIP SERVICE INNOVATION Partnering for success!

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www.geneseeisd.org

Week 11 – Monday

### Math Fun

Using tape, make different shapes on the floor. Next, have your child go find the different shapes around the house and place the items in the outlined shape that you made on the floor.





#### Language and Literacy Alphabet or Number Memory Game

Using paper plates, or pieces of paper, write each letter, or number, making two sets. Flip over and mix up, then lay them out on the floor. Have your child try to find matches. To simplify the game, your child could have one set facing them and look for one to match from the flipped over pieces. Talk with your child about the number/letter.

## Reading

Read your child's favorite book or follow the link below which takes you to We're Going on a Bear Hunt by Michael Rosen. https://www.youtube.com/watch?v=0gyl6ykDwds



### **Moving and Grooving**

Dinosaur, dinosaur, Turn around. (Turn in circles) Dinosaur, dinosaur, Stomp the ground. (Stomp your feet) Dinosaur, dinosaur, Show your claws. (Put hands up claw claws) Dinosaur, dinosaur, Snap your jaws. (Use arms as giant jaws and clap arms together) Dinosaur, dinosaur, Turn around. (Turn in circles) Dinosaur, dinosaur, Sit right down.





### **Fingerplay of the Week**

### The Happy Giant

The happy giant walks with his big, giant feet. Boom, boom, boom, boom He walks over the grassy hill. Swish, swish, swish, swish. He walks through the deep river. Splash, splash, splash, splash. When he finally reaches his big, giant cottage, he opens the big, creaky door, Cre-e-e-a-k! And the happy giant is happy because he sees his big family smiling at him.

Week 11 – Tuesday

### Math Fun Playing Cards

With the deck of cards, your child can do

several activities:

- Match the cards by numbers
- Put the cards in numerical order
- Sort the cards by suits



## Language and Literacy

Play the What's Missing game with a cookie sheet and letter magnets. Start the game with the letters in your child's name, but not in the correct order.
Take a letter away and ask your child what is missing. Then replace that letter and pick a different one. Next start adding other letters of the alphabet.

#### Fine Motor Shoes

This activity provides opportunities for your child to develop and improve her fine motor skills, using objects and materials that are meaningful, useful and important in her everyday life.

Collect shoes that tie with laces, shoes that close with a Velcro strap and shoes that close with a buckle. Have your child practice using each different shoe closure.



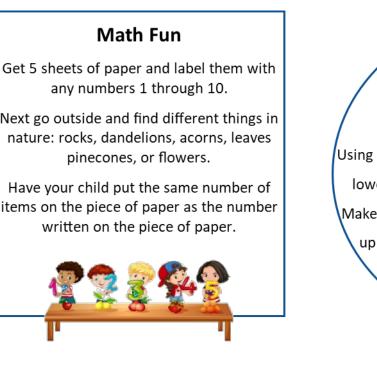
# Science and Exploration

Line up a row of different colored construction paper on the floor.

Then have your child find different toys or other items around the house that they can put on each color of paper.

(Example: all the purple items/toys go on the purple paper).

Week 11 – Wednesday



# Creative Arts and Imaginative Play

Gather a plastic container for a bath, a wash cloth, soap, cup, and towels to support this imaginary play. It's bath time for the baby dolls or hard plastic toys. Children love to wash items so gather toys or dolls that might need a good cleaning and let your little one give them a good wash.



Language and Literacy Letter Trail

Using several pieces of paper, write different uppercase or lowercase letters on the pieces of construction paper. Make a trail using the pieces of paper, but mix the letters up and have the children say the letter as they step,

jump, or hop on the letter.



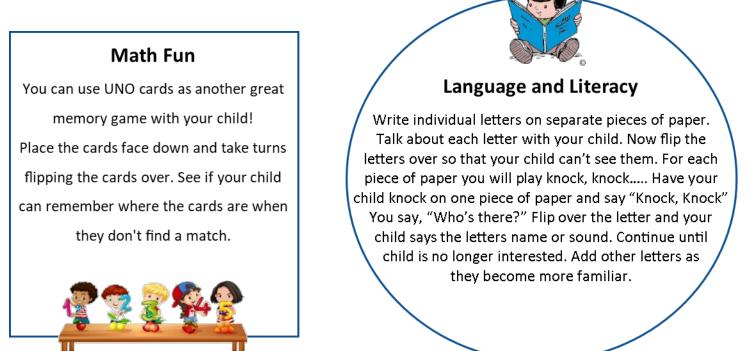
## **Outdoor Exercise**

Go outside with your child and collect some rocks of different shapes and sizes.

Trace all of the rocks onto a large sheet of paper or a paper bag.

Place the rocks in a basket and have your child sort through the rocks and match them up where they belong.

Week 11 – Thursday



### **Fine Motor**

#### Сору Ме

Gather paper and a writing utensil. With a pencil, crayon, or marker make marks, designs, letters, numbers one at a time and have your child copy your writing movements.



#### **Music and Movement**

#### Sound Matching

Gather old plastic Easter eggs and a few different small materials from around the house (rice, small rocks, cereal, etc...) and put each item into two separate eggs.

Close the eggs, tape them shut, and then have your child shake each egg to find the matching sound.

You can extend this and by using them as instruments to different songs on the radio.

# **Preschool Home Connections**

# Week 11

### Social Emotional Learning Emotions with Build a Face Story Stones

Ask your child to go and find a few rocks. Using crayons, markers or paint ask him to draw faces on his rocks.

Once he is finished drawing the faces on the rocks, ask him to tell a story about the faces.

You can talk about the emotions they created, explaining how we feel and how we act when we are feeling that way.

It's a great way to explore emotional intelligence in a way preschoolers can connect with others.



## Healthy Habits Hot Car Danger

Did you know the temperature in a car goes up 19° in just 10 minutes?

Estimated Vehicle Interior Air Temperature v. Elapsed Time **OUTSIDE Air Temperature** ELAPSED TIME 70 75 80 85 90 95 O minutes 75 80 85 90 95 70 10 minutes 89 94 99 104 109 114 20 minutes 99 104 109 114 119 124 30 minutes 114 119 129 104 109 124 40 minutes 108 113 118 123 128 133 50 minutes 111 116 121 126 131 136 60 minutes 133 138 113 118 123 128 reev Jan Nall, CCM, Department of Meteorology & Clin nate Science, San Jose State Univ

#### FOR MORE, VISIT

nsc.org/heatstroke noheatstroke.org nsc.org/hotcars

e E-learning Cours



For more information go to: https://training.nsc.org/hot-cars/

# Mindfulness at Home

#### Mindful Walks

Children love to be outside! You can do a "Noticing Walk" with your child. You can walk along noticing things you haven't seen before, and then have a minute where you are completely silent and pay attention to all of the sounds you hear, such as birds singing, a lawnmower, other children playing and laughing, or people playing basketball. We can even expand it into a "Safari Walk" by asking them to notice as many birds, bugs, and creepy-crawlers as they can. This turns a normal walk into an exciting adventure and teaches children to focus on all their senses.

#### Nutrition Ideas

#### Chocolate Banana Pops

These cool treats bring together that terrific chocolate and banana combo.

#### Ingredients:

- 4 large bananas
- 8 popsicle sticks
- 4 oz dark chocolate chips
- 1 Tbsp canola oil

#### Preparation

1. Line a baking sheet with waxed paper.

2. Peel and cut the bananas in half crosswise to make 8 pieces. Push a popsicle stick into each banana half.

3. In a microwave-safe bowl, combine chocolate and oil. Microwave on high for 20 seconds, stir, and continue to microwave at 10-second intervals until melted.

4. Pour melted chocolate into a tall glass. Dip bananas in chocolate mixture, spooning on additional chocolate to cover, and set on prepared baking sheet. Refrigerate for 2 hours or until chocolate is firm.

# Family Connections and Resources COVID-19: Testing, Tracing, Protecting

There are two different types of tests for Covid-19– diagnostic tests and antibody tests.

A diagnostic test can show if you have an active coronavirus infection and should take steps to quarantine or isolate yourself from others, this is performed using a nasal swab.

An antibody test looks for antibodies that are made by the immune system in response to a threat, such as a specific virus. Antibodies can help fight infections and can take several days or weeks to develop after you have an infection and may stay in your blood for several weeks after recovery. This is performed using a blood sample. Antibody tests should not be used to diagnose an active coronavirus infection. At this time researchers do not know if the presence of antibodies means that you are immune to the coronavirus in the future.

Testing criteria for Coronavirus Disease (COVID-19) has been expanded in Michigan to include individuals with mild symptoms and essential workers still reporting to work in person, whether they have symptoms or not. Free testing is widely available, including at federally qualified health centers and major retail pharmacies.

Please call the testing site or your healthcare provider before you go for testing. Testing site information is updated regularly, check with individual testing sites regarding if a doctor order is required, screening and appointment availability. Testing sites are currently testing adults only, check with a medical provider for testing of children under 18 years of age.

The Genesee County Health Department has current testing site information: Genesee County Testing Sites

https://gchd.us/covid19testing/ and Corona Virus Information and Resources https://gchd.us/coronavirus/.

Michigan Coronavirus Test Finder: https://www.michigan.gov/coronavirus/0,9753,7-406-99891 99912---,00.html

#### **Tracing the Virus**

To break the chain of infection, public health staff is calling anyone who has been exposed. The process is called contact tracing and it has been used to control diseases for decades. If you get a call from 866-806-3447, MI COVID HELP, or your local health department please answer. The calls are confidential. Contact tracers protect the privacy of patients and contacts. They don't give the name of the patient, only that they may have been exposed to someone with the infection.

#### Protecting your loved ones

#### If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Learn more on the Centers for Disease Control and Prevention website: <u>https://www.cdc.gov/</u>